

## Traineeship Programme in Lifeguarding and Swimming Assistant

Delivered in partnership between Creative Sport & Leisure Ltd, Active Nation, The Royal Life Saving Society UK and Institute of Swimming



### Overview

This 12-16 week traineeship programme is for anyone aged 16 to 24 wanting to pursue a career in the swimming industry. If you're enthusiastic about becoming a lifeguard or a swimming teacher then this traineeship will give you the kickstart to a career in the industry. On the programme you will develop your lifeguard and swim teaching skills, gain valuable work experience, improve your employability, maths and English skills.

### What qualifications will I study?

As part of the programme you will complete the following qualifications:

- Level 2 National Pool Lifeguard Qualification
- SEQ Level 1 Swimming Assistant (Teaching)
- Award in the Principles of Leading an Active, Healthy Life (EL3)
- Functional Skills in both English & Maths
- Employability Skills

### What will a typical week involve?

Your week will be made up of two days of learning at Yarborough Leisure Centre, where you will spend one day working towards your Lifeguard and Swimming Assistant qualification and then move onto your Award in the Principles of Leading an Active, Healthy Life. The second day will be spent improving your employability skills and working towards a maths and English qualification.

You will also complete 3 days of work experience with Yarborough Leisure Centre, these duties will include:

- Supervising swimming activity in our pool
- Keeping our supporters (customers) safe and campaigners (staff)
- Delivering venue cleanliness and housekeeping standards to the highest level

- Following safety and operational procedures in setting up/down the facilities
- Giving excellent supporter service in a professional manner, encouraging repeat visits
- Deliver exciting, motivational and safe swimming lessons
- Contribute to the development of learners and create a passion to swim
- Liaise with parents over learner progression

### Who is eligible for the programme?

- You must be aged 16-24 or up to 25 if you have an Education Health Care Plan (EHCP)
- You must not be qualified at L4 or above
- You are not currently in full-time employment or funded education and have little work experience, but are focused on work or the prospect of it
- Live in England
- UK or EU citizen for 3 years or more

### Are there any other entry requirements?

- No experience required
- Must be reliable and punctual
- Ability to work on your own as well as in a team
- A good work ethic with a willingness to learn
- Good listening and communication skills
- Ability to swim competently
- Passion for customer care and quality

### What are my progression opportunities?

Upon successful completion you will be offered a chance to interview for a role linked to a further apprenticeship opportunity or employment.

\*Trainees can earn up to £30 a week for the duration of the programme to cover travel expenses.

### How do I apply?

Please [CLICK HERE](#) to apply for the programme.