

The key role of a high performance coach is to develop athletes and players in high-performance settings, including those on talent or development pathways, national or international programmes, professional or podium environments.

Key Responsibilities

The High Performance Coach is for advanced coaches who design and deliver coaching programmes that focus on the acceleration of sustainable development and high performance of athletes/players to enhance the national and international positioning of the sport.

Knowledge covered within all the programmes include:

- Coaching philosophies and professional practice that consider key stakeholder needs, sporting contexts and codes
- Transformational coaching methods and strategic planning techniques
- Coaching team development and deployment techniques aligned to all relevant and current legislation, policy, process, operating standards and scopes of practice
- Curriculum design methods and coaching pedagogies relevant to the participants unique development needs, the demands of the sport or physical activity and the occupational environment
- Methods to measure the impact of the coaching strategies through analysis of key indicators from participant, coach, coaching team and organisational perception and performance data.
- Session planning techniques that consider each child's unique profile, development needs, educational targets, and curriculum plans

Specific duties covered in this qualification include:

- Maintaining up-to-date knowledge of global trends, standards, strategies and contemporary influences in high-performance sport contexts.
- Delivering relevant coaching pedagogies and processes that consider the high-performance context, culture, politics and key stakeholder needs.
- Profiling development needs to set and monitor goals and plans based on measurement of athlete/players' bio-psycho-social attributes and sport-specific skills.
- Ensuring the design and delivery high-quality, inclusive sessions to accelerate athlete/player development and promote sustainable high-performance gains that enhance the national and international positioning of the sport.

